

Nurturing Knowledge,
Learning for Life



Courtwood Primary School

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Principal: Natasha Grant

Deputy: James Howland

Secretary: Julie Kilsby

Wednesday 16th November 2022

Dear All Parent/Carers,

This Autumn Courtwood Primary will be taking part in a Croydon-wide health and wellbeing survey.

The survey is being carried out by Croydon's Public Health and Education teams and has been designed by a specialist company. It will involve years 4,6,8, 10 and 12 and will look at various topics that affect the lives of children and adolescents in the Borough. In Year 4 and Year 6, these questions will include sleep, diet, exercise, wellbeing, and mental health.

Please be reassured that the questions for all year groups will be completely age appropriate. Throughout the survey, pupils will be given guidance on where to seek help for any health or wellbeing worries, they may have. Pupils will be told that the survey is entirely confidential, and they will not have to give their names.

The survey will be completed electronically during school time and school staff will be on hand to answer any questions or concerns that may be raised. The results of the survey will allow Croydon Council and the school to build high-quality and relevant support that will have the maximum benefit to our children and young people.

We hope that as many pupils as possible will complete the survey.

If you have any concerns or would like more information, please contact myself through the school office or Zoe.Barkhammanlow@croydon.gov.uk - Education Adviser for Health and Wellbeing.

Best wishes

Mrs Squires

Pupil Premium and Welfare Lead

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