

Alliance in Partnership is at the forefront of promoting a healthy lifestyle. We believe that nutritious, healthy meals designed by students and teachers, with help from our staff of experts, enhance the curriculum and help children learn. Your menu offers a choice of fresh, healthy cooked food which meets the Government food based standards and has been nutritionally analysed to create balanced, healthy meals. Your menus retain the Food for Life served here award and are freshly prepared using the finest, fresh and local ingredients:

- Red Tractor, Farm Assured British Meat from local butchers
- All fish products carry the MSC logo
- No undesirable additives and hydrogenated fats
- A variety of locally sourced fruit, vegetables and Fair Trade bananas served fresh daily. If you would like more information please visit our website.
- Creative Meat Free Mondays are used each month to promote sustainable living
- Whole grains and fruits used in all baked desserts
- All sauces enriched with vegetables to help increase the daily vegetable uptake
- Limits on added salt and sugar used in cooking and baking

Food Allergies and Intolerances

If your child has been advised by their GP or Health Care Professional to follow a special diet please contact by calling 0121 420 3030 or email allergens@ainp.co.uk.

All allergen information relating to this menu is available on request.

Free School Meals

If your child does not currently have a delicious healthy school meal what a great time to start! If you are in receipt of certain benefits your child may be eligible for a free school meal.

Our Mission Statement

Deliver more than expected. Care more than expected. Quite simply we do not want to be just good we aim to deliver the best.

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LET'S BE FOOD SMART FOR BODY AND BRAIN

Autumn/Winter Menu 2019/2020

Please note that due to the current Coronavirus COVID-19 pandemic this menu may change due to minimised staffing / social distancing measures / supply constraints that may still be in place.



WEEK 1 07 Sept, 28 Sept, 19 Oct, 09 Nov, 30 Nov, 21 Dec, 11 Jan, 01 Feb, 22 Feb, 15 Mar

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich with Tuna Mayo, Ham or Cheese	Cheese and Tomato Pizza with Potato Wedges	Filled Bap with Tuna Mayo, Ham or Cheese	Half Baguette with Tuna Mayo, Ham or Cheese	Fish Fingers or Veggie Nuggets with Chips
Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo
Veggie Sticks	Veggie Sticks	Veggie Sticks	Veggie Sticks	Veggie Sticks
Shortbread	Fresh Fruit	Fruit Flapjack	Homemade Cupcake	Fruit Jelly

IF YOUR SCHOOL RETURNS AFTER OCTOBER HALF TERM ON MONDAY 4TH NOVEMBER YOUR MENU RUN WILL START ON WEEK 2.

WEEK 2 14 Sept, 05 Oct, 26 Oct, 16 Nov, 07 Dec, 28 Dec, 18 Jan, 08 Feb, 01 Mar, 22 Mar

Monday	Tuesday	Wednesday	Thursday	Friday
Half Baguette with Tuna Mayo, Ham or Cheese	Tuna and Sweetcorn Pasta Pot	Filled Bap with Tuna Mayo, Ham or Cheese	Sandwich with Tuna Mayo, Ham or Cheese	Chicken Sausage or Veggie Sausage in a Bun with Chips
Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo
Veggie Sticks	Veggie Sticks	Veggie Sticks	Veggie Sticks	Sweet Cherry Tomatoes
Chocolate Brownie	Fresh Fruit Bag	Ice Cream Pot	Home Baked Cookie	Homemade Cupcake

WEEK 3 21 Sept, 12 Oct, 02 Nov, 23 Nov, 14 Dec, 04 Jan, 25 Jan, 15 Feb, 08 Mar, 29 Mar

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich with Tuna Mayo, Ham or Cheese	Jacket Potato with Baked Beans and Cheese	Filled Bap with Tuna Mayo, Ham or Cheese	Tortilla with Tuna Mayo, Ham or Cheese	Chicken Goujon or Veggie Nuggets with Chips
Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Cheese or Tuna Mayo
Veggie Sticks	Veggie Sticks	Veggie Sticks	Veggie Sticks	Veggie Sticks
Flapjack	Jelly	Vanilla Shortbread	Ice Cream Pot	Chocolate Cracknel

(v) Vegetarian option

Fresh seasonal salad and bread available daily.

Fresh fruit, yoghurt and fruit jelly available daily as an alternative to the dessert of the day.

Allergens

A gluten free and dairy free menu is available on request, please email allergens@ainp.co.uk please detail on the email, the name of the school your child will be attending. You will then be sent the Gluten or Dairy free menu for that school, you have to complete the menu choice and return to allergens@ainp.co.uk - should no menu be returned your child will not receive an allergy free menu. If your child has multiple allergies, please email allergens@ainp.co.uk and we will talk directly to you.

All our food is prepared in a kitchen where gluten and other allergens are present and our menu descriptions do not include all ingredients. We have a nut free policy in all of our kitchens. If you have a food allergy, please let us know before ordering. All allergen information is available on request from the kitchen.

Coconut

Coconut is not considered a nut and does not fall into the peanut or tree nut allergy categories. We do use coconut in our kitchens.