



Courtwood Primary School

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Headteacher: Natasha Grant

Deputy: Jo Stawman

Secretary: Julie Kilsby

Tuesday 30th October 2018

Dear Parent/Carer,

Year 5 SRE Scheme of Work

This year, Courtwood are introducing a new Sex and Relationship Scheme of Work.

During this year, we will be looking at the following areas as part of an ongoing programme of Sex and Relationships Education (SRE) within our school. These topics cover some elements of Science and some elements of Personal, Social and Health Education (PSHE).

This year the children will be exploring these topics:

Relationships

What sort of relationships do I have and how have they changed?

What other types of relationships are there?

How can I maintain and improve my relationships?

Puberty and hygiene

What happens to boys and girls when they reach puberty?

Does everyone change at the same rate?

How can I keep my changing body clean?

How can I stop germs spreading?

Reproduction & Pregnancy

What should adults think about before they have a baby?

How are babies made?

How do parents not have babies?

How does a baby develop in the uterus?

Support networks

Why are love and trust important?

What or who might influence my decisions?

Who can I ask for help?

Where else might I get help?

If you would like to find out more about any of these areas, the PSHE/SRE subject overview and schemes of work are available on our website for you to look at.

Teachers will answer questions from the children honestly and in suitable language. The resources that we will be using have been chosen because they are appropriate to the age and needs of the children. If you would like to see any of these resources, please let us know.

We believe that parents play an important part in their child's Sex and Relationships Education, and we would like to encourage you to explore these topics with your child at home as well. Mrs Squires (PSHE Coordinator) is able to offer help and advice, and we have attached a short information sheet, which we hope is useful.

You have the right to withdraw your child from the elements of Sex and Relationships Education which are not included in the National Curriculum. If you would like to discuss this, please contact me.

If you have any questions you would like to ask about this or any other aspect of Sex and Relationships Education, please do not hesitate to contact the class teacher or me.

Yours sincerely,

Mrs Squires
PSHE Coordinator

Did you know you can donate funds for the school via ParentPay

