



Courtwood Primary School

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Headteacher: Natasha Grant

Deputy: Jo Stawman

Secretary: Julie Kilsby

Tuesday 30th October 2018

Dear Parent/Carer,

Reception: SRE Scheme of Work

This year, Courtwood are introducing a new Sex and Relationship Scheme of Work.

During this year, we will be looking at the following areas as part of an ongoing programme of Sex and Relationships Education (SRE) within our school. These topics cover some elements of Science and some elements of Personal, Social and Health Education (PSHE).

This year the children will be exploring these topics:

Communication and language development

- When can I help myself and when should I ask for help?
- What do I need to do to keep clean and healthy?

Physical development

- What can my body do and what is it good at?
- What does my body look like?
- How does my body work?

Personal, social and emotional development

- What emotions do I feel?
- How can I tell other people how I feel?
- Can my emotions affect my friends?
- Who is in my family?
- Who can I talk to at home and at school?

If you would like to find out more about any of these areas, the PSHE/SRE subject overview and schemes of work are available on our website for you to look at.

Teachers will answer questions from the children honestly and in suitable language. The resources that we will be using have been chosen because they are appropriate to the age and needs of the children. If you would like to see any of these resources, please let us know.

We believe that parents play an important part in their child's Sex and Relationships Education, and we would like to encourage you to explore these topics with your child at home as well. Mrs Squires (PSHE Coordinator) is able to offer help and advice, and we have attached a short information sheet, which we hope is useful.

You have the right to withdraw your child from the elements of Sex and Relationships Education which are not included in the National Curriculum. If you would like to discuss this, please contact me.

If you have any questions you would like to ask about this or any other aspect of Sex and Relationships Education, please do not hesitate to contact the class teacher or me.

Yours sincerely,

Mrs Squires
PSHE Coordinator

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